

Message

From: Khan, Annie (DPH) [/O=COMMONWEALTH OF MASSACHUSETTS/OU=DPH/CN=RECIPIENTS/CN=AKHAN]
Sent: 9/28/2005 11:47:59 AM
To: 'nemedina' [REDACTED]
Subject: RE: [MAWWFriends] Shower

I love that one

From: nemedina [mailto:[REDACTED]]
Sent: Tuesday, September 27, 2005 8:58 PM
To: Tammy Cooper; Svetlana Kats; Stan & Steph Fedynyshyn; Raymond Gonsalves Jr; O'Brien, Elisabeth (DPH); NINA MCCATTY; [REDACTED] Luz Martinez; Kathy Stav; Jane McGrath; Donna Moore; Dianne Tidder; Diana Chaves; [REDACTED]; Dennis; Danikka G; Dani Frasca; catherine A. Powers; ANNIE KHAN; alisa johnson
Subject: Fw: [MAWWFriends] Shower

----- Original Message -----

From: [Lisa R](#)
To: [Adrian G](#)
Cc: [Marisa C](#) ; [Ima G](#) ; [Gayle A](#) ; [Deb&Bud](#) ; [Cindy H](#) ; [Bud&Sue](#) ; [Anne R](#)
Sent: Tuesday, September 27, 2005 2:43 PM
Subject: Fw: [MAWWFriends] Shower

----- Original Message -----

From: [A & C Lizotte](#)
To: [Seab & Kim Andrews](#) ; [Ryan & Miriam Soldo](#) ; [Roger & Holly Beaugard](#) ; [Rob & Beth McGlory](#) ; [Mark & Judy Schofield](#) ; [Dave & Cheryl Beckett](#) ; [Claude & Sandy Grise](#) ; [Chris & Amy Faletra](#) ; [Chip & Kim Collins](#) ; [Brian & Lisa OConner](#) ; [REDACTED]
Sent: Tuesday, September 27, 2005 7:16 AM
Subject: [MAWWFriends] Shower

How To Shower Like a Woman:

Take off clothing and place it in sectioned laundry hamper according

to lights and darks.

Walk to bathroom wearing long dressing gown. If you see husband

along the way, cover up any exposed areas. Look at your womanly physique

in

the mirror - make mental note to do more sit-ups/leg-lifts, etc.

Get in the shower. Use face cloth, arm cloth, leg cloth, long loofah, wide loofah and pumice stone. Wash your hair once with cucumber and sage shampoo with 43 added vitamins. Wash your hair again to make sure it's clean. Condition your hair with grapefruit mint conditioner enhanced. Wash your face with crushed apricot facial scrub for 10 minutes until red. Wash entire rest of body with ginger nut and jaffa cake body wash. Rinse conditioner off hair. Shave armpits and legs. Turn off shower. Squeegee off all wet surfaces in shower. Spray mold spots with Tilex. Get out of shower. Dry with towel the size of a small country. Wrap hair in super absorbent towel. Return to bedroom wearing long dressing gown and towel on head. If you see husband along the way, cover up any exposed areas.

How To Shower Like a Man:

Take off clothes while sitting on the edge of the bed and leave them in a pile. Walk naked to the bathroom. If you see wife along the way, shake

wiener at her making the 'woo-hoo' sound.

Look at your manly physique in the mirror. Admire the size of your

wiener and scratch your ass.

Get in the shower. Wash your face. Wash your armpits.

Blow your nose in your hands and let the water rinse them off.

Fart and laugh at how loud it sounds in the shower.

Spend majority of time washing privates and surrounding area.

Wash your butt, leaving those coarse butt hairs stuck on the soap.

Wash your hair. Make a Shampoo Mohawk. Pee.

Rinse off and get out of shower.

Partially dry off. Fail to notice water on floor because curtain was

hanging out of tub the whole time.

Admire wiener size in mirror again.

Leave shower curtain open, wet mat on floor, light and fan on.

Return to bedroom with towel around waist. If you pass wife, pull

off towel, shake wiener at her and make the 'woo-hoo' sound again.

Throw wet towel on bed.

If there is anyone among you who did not laugh at the truth behind

this, there is something so very wrong with you.

Have a great day! And, "woo hoo"!!!

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